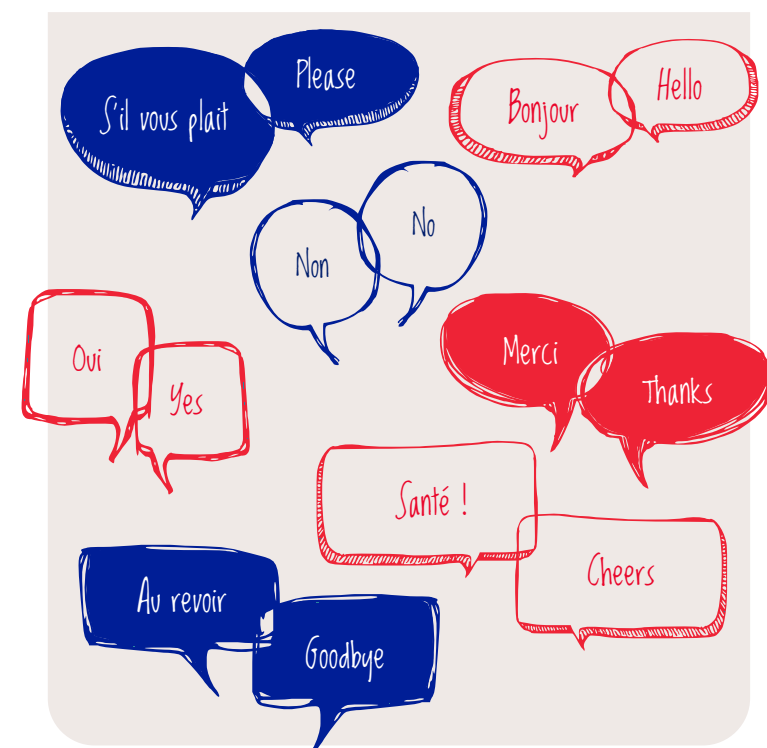


FLAKES OF VOCABULARY



BILINGUAL GUIDED TOURS, IN FRENCH AND ENGLISH



Come and share nature and heritage discovery, mixing both languages!

For adults and kids from 6.

Île aux Pies & the canal, Saint Just megaliths, the Don Valley...

Ask our staff at the tourist office for dates and booking!

Suggested itinerary

DAY 1

VISIT THE MAISON MÉGALITHES ET LANDES (EXHIBITION IN ENGLISH) AND DISCOVER THE MEGALITHS AT SAINT-JUST

ENJOY THE GOOD BREAD AND PASTRIES OF GUILBAUD'S BAKERY IN RENAC

EXPLORE THE MARAIS DE GANNEDEL (MARSHES)

GO SOUVENIR SHOPPING AT CHEZ MARIE-LOUISE, FOLLOWED BY A DRINK AND A PLATTER OF NIBBLES AT THE COSY BAR IN REDON

DAY 2

VISIT SAINT-JEAN-LA-POTERIE, WATCH THE POTTERY CRAFTSPEOPLE AT WORK AND TRY YOUR HAND A DECORATING POTTERY

ENJOY QUALITY LOCAL FOOD AT LA BOGUE RESTAURANT, REDON

MARVEL AT THE CHAPEL OF SAINTE-AGATHE AND THE CHURCH OF SAINT-PIERRE AND SAINT-PAUL AT LANGON

BE BLOWN AWAY BY THE VIEW AT LES CORBINIÈRES

DAY 3

WALK AROUND THE DON VALLEY IN GUÉMENÉ-PENFAO IN SEARCH OF CARABOSSE, THE WICKED FAIRY

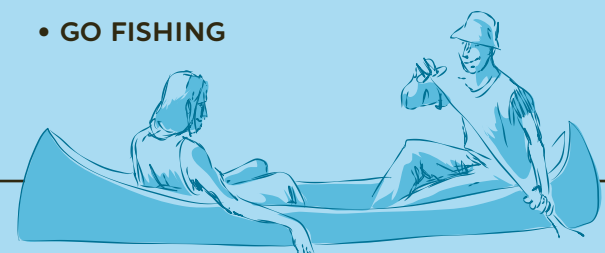
ENJOY A DELICIOUS GALETTE AT THE CRÊPERIE DU MOULIN DE JUZET

STOP OFF FOR A SWIM AT ÉTANG DE BUHEL IN PLESSÉ

CALL IN AT THE FERME SAINT-CHARLES TO BUY A BOTTLE OF EXCELLENT CIDER (OR TWO...)

and...splash!

- HIRE A CABIN CRUISER
- CANOE DOWN THE RIVER DON AND MARVEL AT THE AMAZING VIEWS
- HAVE A GO AT STAND-UP PADDLE BOARDING AT ÎLE AUX PIES
- ENJOY A PICNIC BY THE WATER'S EDGE
- TRY OUT AN ELECTRIC BOAT
- HAVE A GUIDED HISTORY TOUR OF REDON HARBOUR
- GO FISHING



LOCAL INFO

OPENING TIMES

SHOPS: Monday – Saturday 09.00 – 19.00.
Some shops close at lunchtime.
Food shops are open on Sunday mornings.

RESTAURANTS

LUNCHTIME 12.00–02.00 pm
EVENINGS 07.00–10.00 pm
Tipping isn't compulsory
(but it's a nice thing to do as there's no 15% service charge...)

CASH MACHINES

You will find them pretty much everywhere.
NB: 200€ and 100€ notes are not accepted everywhere.

FRENCH PUBLIC HOLIDAYS

January 1 • Easter Monday • May 1 and 8 • Ascension Day
Whit Monday • July 14 • August 15 • November 1 and 11
December 25.

USEFUL CONTACT INFO



FROM HOME, IF YOU CALL
FRENCH PHONE NUMBERS: ADD +33

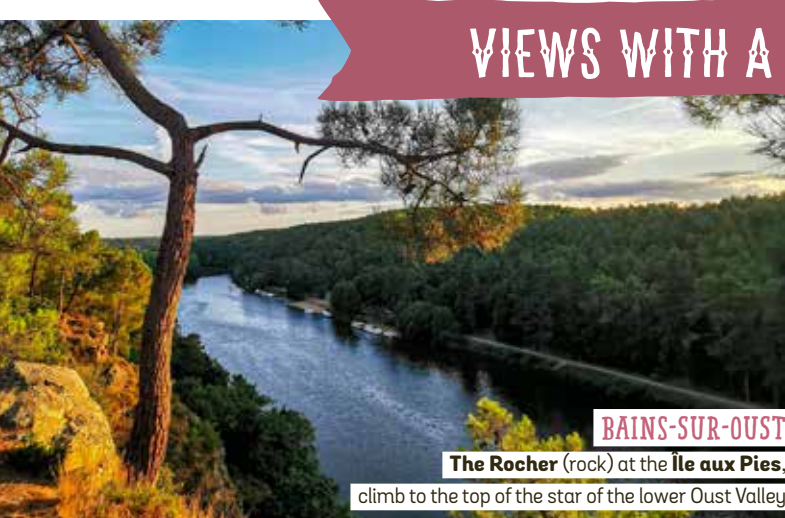
RENT A CAR
• EUROPCAR: 02 99 71 01 00
• DUVAL AUTOMOBILES: 02 99 71 40 50

TAXIS
• CHEVAL: 02 99 71 10 24
• TAXIS REDONNAIS: 09 66 94 75 35
• Y. VIOLIN: 09 63 02 04 59

BICYCLE REPAIR
• CYCLES CHEDALEUX: 02 99 72 19 95

FIREFIGHTERS: 18
POLICE: 17
SAMU: 15
EMERGENCY PHARMACY: 32 37
EMERGENCY CALL NUMBER: 112

VIEWS WITH A 'WOW' FACTOR!



BAINS-SUR-OUST

The Rocher (rock) at the Île aux Pies, climb to the top of the star of the lower Oust Valley



FEGREAC

The Belvedere: a 360° panoramic view of the River Vilaine and the Nantes-Brest Canal



SAINT-JUST

L'Étang du Val (lake): the icing on the cake at the end of a walk



AVESSAC

Le Rocher du Veau: a colourful landscape which changes with the seasons



LANGON

Corbinières: a breath of fresh air and lush greenery

ABSOLUTE MUSTS

• Eat roast chestnuts during the Bogue d'Or Festival in October

• Harvest Breton pineapple at Tropical Parc

• Take a photo of a boat crossing the fields at Beganne

• Learn how to make fire at Saint Just

• Tap your feet to Breton music in the centre of Redon

• Go skating at the famous 'station des 5000' (a resort at 5000cm altitude!) in December

• Pick a bunch of flowers for Carabosse, the wicked fairy

• Fall over your feet at a Fest Noz (Breton dance evening)

FEAST YOUR EYES AND TICKLE YOUR TASTEBUDS!



WHAT TO EAT IN PAYS DE REDON

• Savoury buckwheat galettes with sausage, cheese, egg and ham...
• Sweet crepes with butter, sugar, jam, honey, salted butter caramel...
• Sea and freshwater fish, seafood, Artichokes, cabbage and chestnuts.

WHAT TO DRINK IN PAYS DE REDON

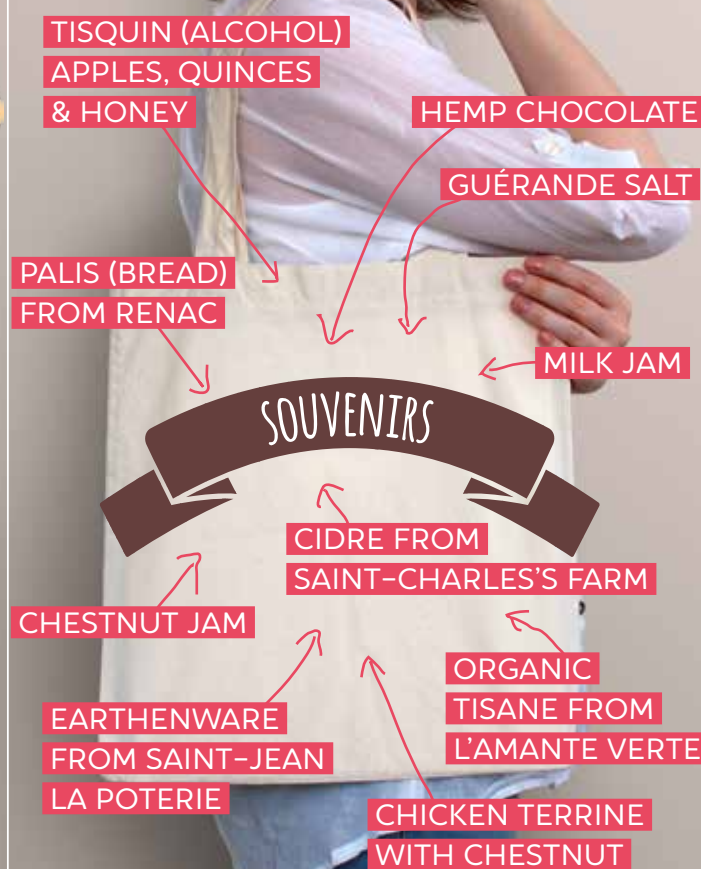
Cider, beer, Tisquin, chouchen (mead), wine...

WHERE TO BUY ALL THESE

At local markets: Redon market is held on Monday, Friday and Saturday mornings. Details of markets in other parts of Pays de Redon can be found in the tourist magazine or from staff in the Office de Tourisme.

HAND-MADE PRODUCTS

To taste: cider, chocolate, herbal teas, spirulina, excellent bread, Tisquin, jams, etc.
A pottery where you can order a bowl with your first name on.



Some of those products are available at the tourist office boutique



Pays de Redon Tourisme

PICNIC SPOTS

INTERESTING SPOTS

BEST PHOTO SPOTS

PRECISE, DETAILED INFORMATION CAN BE FOUND
IN OUR MAGAZINE OR FROM OUR EXPERT STAFF



SHARE YOUR
BEST PHOTOS
#REDONNELAPECHE



REDON

1

Leave the Office de Tourisme and enter the old walled town through the remains of the ramparts.
Don't miss:

- **THE HISTORIC ABBEY OF SAINT-SAUVEUR** with its Gothic bell tower and Romanesque and Gothic interior. Go through the door into the cloister to admire the uninterrupted view of the Romanesque tower.
 - Stroll along **GRANDE RUE** with its half-timbered houses and little shops.
 - A striking feature of Redon is the **OMNIPRESENCE OF WATER**. It's absolutely everywhere!
 - There's the River Vilaine in the past, the Nantes-Brest Canal which reinforced commercial and industrial river trade in the 19th century and finally the former wet dock which is now a marina.
- Follow the above itinerary to discover the superb heritage of this historic town.



Tea for rabbits
In June 1940 during WW2 in Redon, the British were forced to retreat in the face of the German advance, leaving behind their food stocks for Western France. But before leaving, they opened to local inhabitants the warehouses of the former Baccarat Crystal factory, containing all sorts of food items including tea which they used for litter for their rabbits as they had no idea what it was!

CYCLING
VÉLODYSSÉE
(EUROVELO1 INTERNATIONAL CYCLE ROUTE)
RUNS THROUGH A TOTAL OF SEVEN COUNTRIES INCLUDING OUR REGION!

Look, Sherlock! Those car plates keep shifting between 35, 44 & 56! This must be some local secret code!

My dear Watson, rivers here make natural borders for the 3 Départements! 35 stands for Ille-et-Vilaine, 44 for Loire-Atlantique and 56 for Morbihan. It's elementary!

The Frogs' welcome
Gannel and Glénac marshes are notorious froggy heavens! And birdwatching spots as well.

For birds addicts
On the Saint Just moors, the rare Dartford warbler can be spotted, showing off among the gorse flowery bushes...

Little town with character: best not to annoy it!

MORE INFO
WWW.VISITSOUTHBREITANNY.COM



ILE AUX PIES

2

The Ile aux Pies (Magpie Island!) is on a bend in the prettiest part of the lower Oust Valley which can be explored from either bank via Bains-sur-Oust or Saint-Vincent-sur-Oust. Upstream, Oust flows due south through a gorge of two granite cliffs. In the middle lies an attractive group of islets, home to moorhens, oak trees and wild irises. The Ile aux Pies is one of them.



MEGALITHS AND MOORLAND

THE MAISON MÉGALITHES ET LANDES
IN SAINT-JUST houses a fun, educational, permanent exhibition all about the Neolithic Age and megaliths: what people used to eat 7 000 years ago, what tools they had, how megaliths were transported...
After visiting the centre, the staff can show you the best way to explore the nearby megaliths.



THE DON VALLEY

4

In **GUÉMÉNÉ-PENFAO** at the heart of the Don Valley lies a beautiful landscape where the river has worn its way through the slate. The area is great for walking, mountain biking, canoeing and horse riding. You can even have a ride in a horse and carriage driven by Michel of Les Roseaux de Callac. Guided nature walks in English and French to identify trees, wild flowers and birdlife take place throughout the year. For more info, ask the Tourist Office team.



BEST FOOT FORWARD!
PILGRIM WAYS TO **SANTIAGO DE COMPOSTELA** CRISS-CROSS THE REGION, WITH ACCOMMODATION RESERVED FOR PILGRIM



5 KM